

## Take the Botanic Gardens Seasol Plant Challenge!

**Botanic Gardens Seasol Plant Challenge 2023: theme 'Inspirational plants and people'**

**1–28 May 2023**

Choose a plant that inspires you. Why does it inspire you? If you can link it to a person that inspires you, like a relative, old friend, or TV personality, please do!

Please frame all shots in **landscape**, not portrait.

Stand next to the plant, in front of it, or hold it and speak to the camera: slowly and clearly.

### **Suggested script:**

*"Hi, my name is (.....). I'm on (insert name) Country, in (insert name of suburb/state) [if you don't know the Country, just say what suburb/state you're in] and I'm taking the Botanic Gardens Seasol plant challenge to celebrate Botanic Gardens Day 2023.*

*I want to introduce you to a plant that inspires me, (insert name, common and/or scientific and/or indigenous). It inspires me because (insert reason(s)).*

*What plant inspires YOU?"*

### **Example script:**

*"Hi, my name is Alex. I'm on Wajuk Country in Perth, WA, and I'm taking the Botanic Gardens Seasol plant challenge to celebrate Botanic Gardens Day 2023.*

*I want to introduce you to a plant that inspires me, Kingia australis or bullanock. It looks a bit like a grass tree and can live for hundreds of years. It's from the Kwongan ecoregion of southwestern Australia and is found nowhere else in Australia, or the world.*

*What plant inspires YOU?"*

Post the video to your favourite social media channel. Remember to use the hashtags **#PlantChallenge**, **#BotanicGardensDay** and **#LoveSeasol** so that we can like and share it on our social media pages.

Any questions? Email [media@bganz.org.au](mailto:media@bganz.org.au).